

Project FOCUS  
Best Lessons  
KINDERGARTEN

**Title of Lesson: Using Your Senses**

**Theme: Physical Science**

**Unit Number: 1      Unit Title: Habits of Mind**

**Performance Standard(s) Covered (enter code):  
SKCS5**

**Enduring Standards (objectives of activity):**

**Habits of Mind**

- Asks questions
- Uses numbers to quantify
- Works in a group
- Uses tools to measure and view
- Looks at how parts of things are needed
- Describes and compares using physical attributes
- Observes using senses
- Draws and describes observations

**Content (key terms and topics covered):**

The five senses (taste, smell, touch, hear, and see)

**Learning Activity (description in steps)**

**Abstract (limit 100 characters):** This lesson is used to have each student use each of his or her 5 senses using one object.

**Details:** Have all of the students sit at their desks with their eyes closed. Place a bag of popcorn in the microwave in the classroom and begin popping the popcorn. While the bag begins to pop, ask the students if they hear anything and if so, what do they hear? Make them use descriptive words. Next, as the popcorn is still cooking, ask the students what they can smell. After the popcorn is fully popped, hand out a few pieces to each student. Have them count the number of pieces they received and then deliberate with a partner how many they have all together. This question should be located on the handout for them to write the number of pieces they counted. Next, ask the students what the popcorn looks like. Are all the pieces the same or different? How are they different? Then, ask the students what the popcorn feels like using descriptive words. Lastly, have the students eat the popcorn and describe what the popcorn tastes like. On the activity sheet have different categories of the five senses with a picture of the body part that each sense goes with. For example, eyes with sight. Write on the smart board words the children came up with for each sense and have them copy the words onto their handout under each category. Lastly, have them draw the popcorn at the bottom of the work sheet.

**Materials Needed (type and quantity):**

1 bag of popcorn

At least 1 napkin per student

**1 handout activity sheet for each student**  
**1 pencil for each student**  
**Crayons for the students to share**

**Notes and Tips (general changes, alternative methods, cautions): Be sure to check that none of the students have allergies to popcorn or any sort of diet restrictions. If I could do the lesson again, I would divide the students into three groups, so that every student could answer the questions. The students also got fairly rowdy because of their excitement, so dividing the class up would be easier to control and keep calm.**

**Sources/References:**

- 1) [Click here to enter text.](#)
- 2) [Click here to enter text.](#)
- 3) [Click here to enter text.](#)